NYCP NEWSLETTER

UNR + College Trip

Thank you to the 33 students who joined us for our first college trip of the Native Youth Community Project grant!
Though, it was a cold and windy day, it was great to see everyone, build community and learn more about the university and it's resources for Native students.

As we grow our program, we look forward to many more college and career focused trips in and outside of Nevada!











What is a Tribal Youth Advocacy Specialist?

Our TYAS are mentors for our students. With the goal of meeting with each student at least every other week, the goal is to building relationships that help students navigate successfully from schoool. Each quarter, our TYAS set goals with students and check in on them periodicially. They will also support students in talking with teachers and other staff with concerns. Our TYAS are our students' advocates on their campus and are happy to support students however they need through those important relationships. With our new NYCP grant, our mentors will work with students for at least the next four school years.

Did you know middle school brains are growing as fast as a 0-3 year old?

Students aged 11-14 are undergoing the second biggest period of brain development. If you have a middle schooler at home, this probably doesn't surprise you. Known as the "sensitive period" or "window of opportunity," this time of growth is when the brain is making connections linked to social and emotional skills. The brain is ready to learn from social cues and explore. Students in this age group also have a great chance during this time to develop resiliency, overcoming past traumas with the right supports. What can you do at home to help students as they are developing at this age:

- Set clear boundaries and routines
- Listen and try not to judge
- Encourage positive social interactions and the desire to explore

research for this article from: https://hechingerreport.org/middle-schools-moment-what-thescience-tells-us-about-improving-the-middle-grades/

Dean's Future Scholars

The Native Youth Community Project grant was awarded seats in the Dean's Future Scholars programs dedicated to our Native students with 506 forms on file. We have seats available in the following programs. Transportation will be provided:

- DFS Middle School, current 6th and 7th graders: No coursework, fun trips and community building.
- DFS High School, current 8th and 9th graders: Get ahead earning high school credits while building community.
- DFS Dual Credit, current 10th and 11th graders: Get ahead of your college career by earning college credit while building community.

NYCP will be partnering with DFS to provide Elder led cultural activities within the program day.



Have questions about the program? Have ideas to share?

Reach out to us

Monica Downard Tribal Youth Advocacy Specialist

Cold Springs, Desert Skies, Swope and
Traner Middle Schools
Hug, North Valleys, and Reno High
Schools

mdownard@washoeschools.net 775-476-8623

Naomi Hanczrik
Tribal Youth Advocacy Specialist
Shaw and Sky Ranch Middle Schools
Spanish Springs High School
naomi.hanczrik@washoeschools.net
775-502-9602

Dlonra (DJ) Pasao Tribal Youth Advocacy Specialist Billinghurst, Clayton and Vaughn Middle Schools

McQueen and Wooster High Schools dlonra.pasao@washoeschools.net

Heather Egtvedt Tribal Youth Advocacy Specliast

DePoali, Dilworth, Incline MS, Northstar, Pine and Sparks Middle Schools

Damonte Ranch, Incline HS, Northstar, Sparks and RISE Academy High Schools

heather.egtvedt@washoeschools.net 775-502-8041



Lauren Wilson

Tribal Youth Advocacy Specialist
Herz and Mendive Middle Schools
AACT, Galena, Innovations, Reed and
TMCC High Schools
Turning Point and Washoe Inspire
lauren.wilson@washoeschools.net
775-502-9409

Fawn Hunter

Native American Culture and Education fawn.hunter@washoeschools.net

775-789-4672

Denise Miles
NYCP Coordinator
denise.miles@washoeschools.net
775-453-0391





We'll be at Natchez on April 8th, come see us and pick up books for students!



FIND YOUR CHILD'S SUPER POWER!!!

IDENTIFY STRENGTHS AND ABILITIES AT THIS FAMILY EVENT!!!

11:00 a.m. – 3:00 p.m. | Saturday | April 8, 2023 Natchez Elementary School Wadsworth, NV

PROFESSIONAL SCREENINGS:

DENTAL OCCUPATIONAL THERAPY PHYSICAL THERAPY

NUTRITION SPEECH PATHOLOGY PEDIATRICIAN